

# **EMDR CHILD & ADOLESCENT TRAINING LEVEL II**

**JOANNE MORRIS-SMITH C. Psychol.  
EMDR EUROPE ACCREDITED CHILD & ADOLESCENT TRAINER**

**Friday 30<sup>th</sup> & Saturday 31<sup>st</sup> March 2012**

**9.15 am – 5.00pm**

**at**

**The Victory Services Club,  
63/79 Seymour Street, London. W2 2HF**

This EMDR Europe Accredited level II Child & Adolescent Training aims to extend and deepen the knowledge of how to use EMDR with children and adolescents with complex traumatisation and developmental trauma disorders. It is open to therapists who have completed an EMDR Europe Accredited Level I Child & Adolescent training as well as having completed EMDR Level II general training or Part 3 EMDR general training.

The training will briefly review the changing needs of children at different developmental stages, from 2 - 16 years of age, and how the basic EMDR protocol may be adapted to address these needs. Children suffering multiple complex traumatisation have a much greater need for the integration of trauma work with other aspects and treatment of the child's world. Issues affecting affect regulation, the family system, social relationships, educational functioning and attachment will be discussed in relation to children and adolescents with complex needs. The development of the trauma time line, the family development life cycle and the trauma history will be examined.

For children with complex traumatisation there is a fundamental need to establish stabilisation and containment and the timing of EMDR processing in the overall treatment plan will be explored. Developing an insight into the window of tolerance for such fragile clients is discussed. The neurobiological aspects of affect regulation and increasing affect tolerance during treatment will all be explored together with developing attunement and fractionating targets. Resource development techniques and resilience will also be explored, together with how and when to use cognitive, educational and other interweaves with these children. How to work with dissociative children and adolescents using EMDR will also be examined.

By means of video demonstration and case examples, participants will learn how to apply EMDR with children and adolescents with complex and multiple traumatisation as a result of severe and complex traumatic events including multiple different traumas, domestic violence, physical and sexual abuse, attachment disorders and dissociative disorders. Participants are encouraged to bring with them any relevant case material they might wish to discuss, since ample time will be allowed for both troubleshooting and for case consultation of existing or potential clients.

## About the presenter.

Joanne Morris-Smith is a Consultant Chartered Psychologist who has been working in Clinical Child Psychology for the last 30 years and has worked in a number of large teaching hospitals. She is an EMDR Europe Accredited Child Trainer and also as an EMDR Institute Facilitator. She founded and chairs the EMDR Europe Child & Adolescent Section Committee. and has been incorporating EMDR into her clinical practise for the last 14 years. A former Deputy director of the Traumatic Stress Clinic, Joanne founded and runs a similar Child Trauma Clinic for Surrey & Borders NHS Foundation Trust, which has been running since 1995. She also works in private practise specialising in work as an Expert Witness with traumatised children who have been exposed to physical/emotional/sexual abuse, domestic violence and murder. She has presented a number of papers on the subject at international conferences and is the Editor of an Occasional Paper of the Association of Child Psychology and Psychiatry entitled *EMDR: Clinical Applications with Children*. No.19. January 2002.



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## APPLICATION FORM

Name:

Address:

Telephone

Fax

Email

EMDR

Completion Dates

Location

Level I

Level II

**Or**

Part 1:

Part 2:

Part 3:

Level I Child & Adolescent Training

EMDR Practitioner Accredited: Yes/No

EMDR Consultant Accredited: Yes/No

PROFESSION – .....

PROFESSIONAL QUALIFICATIONS – .....

PAYMENT MUST BE MADE BY CHEQUE IN £ STIRLING

**\*PLEASE MAKE CHEQUES PAYABLE TO "EMDR Advanced Skills & Child Training"**

FEE for training (**lunch not included**)

**£399**

**PLEASE SEND completed application form with payment to: Mrs. J. Morris-Smith,**  
13 Forest Hills, Camberley, Surrey, GU15 3NH. U.K. \*(Please note application forms cannot be  
accepted without payment and places will be allocated on a first-come first-serve basis - places are  
limited to 20). Email: [j.morris-smith@virgin.net](mailto:j.morris-smith@virgin.net). Telephone +44 (0)1276 29394.

